

**Community and Family Health Nursing** 

## **General information:-**

- Name: Shaimaa Abdelrehim Khalaf Ahmed
- Date of birth: 14/6/1983
- Sex: Female
- Marital Status: Married
- Nationality: Egyptian
- Current job title: Assistant prof. of Community Health Nursing
- Specialty: Community Health Nursing
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# **Educational qualifications:-**

Academic Degree	Year	University/Association
Doctorate Degree	2015	Assiut University
Master Degree	2011	Assiut University
Baccalaureate Degree	2004	Assiut University

## Academic career:-

Job Title	Year	University/Association
Associate professor	2020	Assiut University
Lecturer	2015	Assiut University
Assistant Lecturer	2011	Assiut University
Demonstrator	2006	Assiut University



#### **Faculty of Nursing**



#### <u>-Language Proficiency :</u> - Language

#### level of proficiency

-Spoken English very good -Written English very good

# -Attending training courses at Faculty and Leadership DevelopmentCenter-Assiut University (FLDC):

- 1. Research Ethics.
- 2. Conference Organization.
- 3. Design and Conduct Scientific Research.
- 4. How to Design the E-Courses.
- 5. How to Compete for a Research Fund.
- 6. Credit Hours System.
- 7. Using Technology in Teaching.
- 8. Strategic Planning.
- 9. Scientific Publications.
- 10. Effective Presentation.
- 11. Quality standards in the teaching process.
- 12. Profession Ethics.
- 13. The financial and legal aspects.
- 14. Time and meetings management.
- 15. Management of the research team.
- 16. Examinations and Student Assessment Systems.
- 17. Design and conduct scientific research.
- 18. Preparing a proposal for a competitive research project
- 19. University quality culture

## -Attending courses in the measurement & evaluation center in Cairo and in Assiut University:

- Preparing the test form for the Medical sector, Measurement and Evaluation Center in the Higher Education Development Projects Department, 2021.

- Contents analysis, Assiut University center of measurement and evaluation, 2022.
- preparing of specification table, Assiut University center of measurement and evaluation, 2022.

- preparing of TOT in measurement and evaluation, Assiut University center of measurement and evaluation, 2022.

- Questions bank, Measurement and Evaluation Center in the Higher Education Development Projects Department, 2022.

#### -Attending workshops affiliated to STDF. Egyptian Knowledge Bank and nature academy:

- Grant writing, 2023.
- writing a research paper, 2023
- Research methodology, 2023.

# -Academic administrative positions:

- Member of the cultural relations committee, Faculty of Nursing, AssiutUniversity from 2019 until now.
- Head of scientific research standard, quality assurance unit, Faculty of Nursing, Assiut University, 2019 until now.
- Faculty member at the International Relation Office, Assiut University, 2019 until now.
- Member of 'study in Egypt' which Affiliated to the Central Administration for Expatriates Affairs.

# -Participation in teaching and examination process:

- Teaching Community Health Nursing and comprehensive care for students in Institute of Nursing, Assiut University.
- Teaching Community Health Nursing for students in Faculty of Nursing, Assiut University.
- Teaching introduction to vital statistics for students in technical health institute, Assiut.
- Teaching of community health administration for students in Faculty of Nursing, Assiut University.
- Preparing and teaching epidemiology course for students in technical nursing institute, Assiut University.

# -Participation in students' activities in the Faculty of Nursing. Assiut University:

- Academic leader for students from 2015 until now.
- Manger of Wafeeden Unit, Assiut Faculty of Nursing, 2022 until now.
- Leader of the student intuitive "idea".

# <u>-Participation in quality assurance activities in the Faculty of Nursing, Assiut</u> <u>University:</u>

- Preparing of course file (specifications and reports) for postgraduate degrees in Community Health Nursing, Faculty of Nursing, Assiut University.
- Sharing in Faculty activities for quality assurance, accreditation and reaccreditation.

# -International activities:

-Participating as a visiting faculty member in Ohio University for three months through Fulbright Program for "Junior Faculty Development program" JFDP, USA in the period from 8/7 to 16/9/2018.

# -Scholarship Awarded:

-Fulbright scholarship "Junior Faculty Development Program, USA, 2018

# -Activities in Conferences and scientific days in the Assiut University and faculty of nursing:

- Sharing in the organizing committees in the first and second conference of upper-Egypt international conference of Faculties of nursing which held in Faculty of Nursing, Assiut University in 2020 and 2021.

- 1<sup>st</sup> international upper Egypt nursing colleges conference "Quality education and health, 2020.
- 2<sup>nd</sup> annual SEAED diabetic foot conference in collaboration with ESDF, 2021.
- Annual conference of internal medicine department, 2022.
- 4<sup>th</sup> international conference of Nursing college Assiut University, 2022.

- 5<sup>th</sup> international scientific conference of nursing administration department " Forces for global health care management, 2023.

- 3<sup>rd</sup> international of Upper Egypt Nursing colleges conference "Environmental health and safety", 2023.

- Sharing as speaker in the first junior faculty researchers day entitled "Effect of Health Educational Program Regarding Nephropathy for Mothers of Children Suffering From Diabetes Mellitus at Assiut City", Assiut Faculty of Nursing, 2022.

- Share in the first shared scientific day between community health nursing and psychiatric department with talk about" Social media addiction: Causes and Solutions, Faculty of Nursing, Assiut University, 2022.

#### -Research Students Supervised/Trained:

-Level	-Number of Trainees
-PhD Students	2
-Master Students	5

#### - Participation in Thesis and Oral Examination Committees:

-Level	-Number of Examinations
-Master Students	5

#### -Participation in thesis judging and examination committee:

-Level	-Number of Examinations
-Master degree	1

## -Participations in training courses:

- Basic nursing skills (lecturing, demonstration, re-demonstration, power point presentation, role playing) training center, faculty of nursing, Assiut University, Egypt, 2021.

- Community Health Nursing (lecturing, demonstration, re-demonstration, power point presentation, role playing) training center, faculty of nursing, Assiut University, Egypt, 2022.

- First-Aid (lecturing, demonstration, re-demonstration, power point presentation, role playing) training center, faculty of nursing, Assiut University, Egypt, 2022.

## -Membership of scientific association and organizations:

- Upper Egypt congress of clinical nutrition and metabolism.

- The Egyptian cardio-diabetes association.

- South Egypt Association of Endocrinology and Diabetes.

## -Reviewer in scientific journal:

-Reviewer in Elsevier

#### -المؤلفات العلميه التي شاركت فيها ولها رقم إيداع محلى ودولى:

التقزم الغذائي عند الأطفال ٢٠٢٢

۲. إلتهابات المسالك البولية وعلاقتها بالعادات الغذائية بين الفتيات المراهقات ۲۰۲۳

۲۰۲۳ إصابات الأسنان بين التدابير الصحية و الإسعافات الأوليه ۲۰۲۳

الجفاف لدي كبار السن: الأسباب و الوقاية وطرق العلاج ٢٠٢٣

**Publications:** 

- 1. Correlation between community participation, nutritional appetite and psychological distress among comorbid older persons, Egypt J Neurol Psychiatry Neurosurg (2023) 59:111.
- 2. Effect of Didactic Program about Health Care Providers' Role in Facing Climate Changes and Its Effects on Children Health, Tanta Scientific Nursing Journal, May, 2023, Vol. 29. No.2, P.p. 200-215.
- 3. Effect of Therapeutic Hospital Clown Use on Children's Behavioral Adherence During Burn Dressing Changes, Assiut Scientific Nursing Journal Vol (11), Issue (35), Special No.(3) 2023, pp (10-19).
- 4. Knowledge and Associated Risk Factors of Knee Osteoarthritis among School Teachers at Assiut City, Tanta Scientific Nursing Journal, February , 2023, Vol. 28. No.1, P.p. 247-268.
- 5. Educational Health Program for Mothers Regarding Infantile Colic Syndrome at Assiut City, 2023, International Egyptian journal of Nursing sciences and researches, 3(2): 32-58.
- 6. Effect of Educational Program for Mothers of Children with Pediatric Oncology Regarding COVID-19 Knowledge, Attitudes, and Practices, 2023, International Egyptian journal of Nursing sciences and researches, 3(2): 122-143.
- 7. COVID-19 Pandemic Fear, Anxiety and Quality of Life among Adolescent Girls with Special Needs, 2023, Tanta Scientific Nursing Journal, 28 (1): 105-127.
- 8. Factors affecting students' use of blended learning during coronavirus disease 2019 pandemic at Assiut University, Egypt, (2022). Egyptian Nursing Journal, 19(3): 322–329.
- 9. Effect of a Training Program about Cognitive Behavioral Therapy on Sleep Quality among the Older Person, (2022). Egyptian Journal of Health Care, 13 (3): 86-101.
- 10. Knowledge, Attitude and Practices of Primary School Teachers Regarding COVID-19 at Assiut City, (2022). Assiut Scientific Nursing Journal, 10 (31).
- 11. Effect of Educational Program on Women Knowledge Regarding Vitamin D Deficiency at Assiut City, (2022). Assiut Scientific Nursing Journal, 10 (31): 57-68.
- 12. Relation between psychological problems, fear and anxiety with covid-19 pandemic and the quality of life among pregnant women, (2022). International Egyptian journal of Nursing sciences and researches, 3 (1).
- Effect of Health Educational Program Regarding Nephropathy for Mothers of Children Suffering From Diabetes Mellitus at Assiut City (2022). Assiut Scientific Nursing Journal 10 (29), (84 -94).
- 14. Prevalence of Nutritional Stunting and its Associated Factors among Children Under two Years at Sohag Governorate, (2022). Assiut Scientific Nursing Journal 10 (28), 53-65.
- **15.** Education Program to Promote Skin Integrity and Reduce Pain for Patients Receiving External Beam Radiotherapy, (2022). Assiut Scientific Nursing Journal 10 (28), 191 -199.

- 16. Educational program for pregnant women about nutritional stunting among children under two years old, (2022). Assiut Scientific Nursing Journal 9 (27), 10-20.
- 17. Effect of Nephrotic Syndrome on the Psychosocial Aspects Among School Age Children in Assiut City, (2022). Assiut Scientific Nursing Journal 9 (27), 10-20.
- **18.** Prevalence and predictors of colour vision defects among Egyptian university students. EMHJ – Vol. 27 No. 4 – 2021.
- **19. Effect of nutrition on pregnant women weight in Assiut Health Units.** Assiut Scientific Nursing Journal, Vol. 8, No., 20, 2020, pp. 181-190.
- 20. Training Program for Rural Community Health Workers about Breast Self-Examination at Assiut Governorate, Egypt. American Journal of Nursing Research, 2019, Vol. 7, No. 6, 983-990.
- 21. Relationship between Social Support and Instrumental Activities of Daily Living among Older Adults in Assiut City, Journal IJRDO Journal Of Health Sciences And Nursing, Vol.3.
- **22. Behavioral and Emotional Problems among Adolescent Students.** Journal of High Institute of Public Health 2019; 49(2).
- 23. Knowledge of Some Issues Related to Preconception Health and Pregnancy among Faculty of Nursing Students, Assiut University, American Journal of Nursing Research, 2019, Vol. 7, No. 4, 574-580.
- 24. Prevalence and Attitude Regarding Non Prescribed Medications among Pregnant Women Attending Maternal and Child Health Care Centers in Assiut City, IOSRJournal of Nursing and Health Science (IOSR-JNHS) e- ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 7, Issue 5 Ver. I (Sep.-Oct. 2018), PP 01-11.
- **25.** Knowledge, attitude and practice of oral healthcare among pregnant women in Assiut, **Egypt**. International Journal of Community Medicine and Public Health. 2018 Mar; 5(3):890-900. http://www.ijcmph.com.
- 26.Health education program regarding rabies knowledge for households in rural areas, Assiut Governorate, Egypt. International Journal of Nursing Research (IJNR), Vol. 4 (1), 13-22, 2018.
- **27. Prediction Risk Factors of Preeclampsia in Antenatal Clinic at Assiut University**. Assiut Scientific Nursing Journal, Assiut University, 2018.
- **28. Quality of Life among Children with Juvenile Rheumatoid Arthritis.** Journal of Faculty of Nursing, Tanta University, 2018.
- 29. Impact of training program regarding first aid knowledge and practices among<br/>preparatory schools' teachers at Assiut City. Journal ofNursing EducationandPractice2017,Vol.7,No.12.

- **30.** Risk factors of surgical site infection among infants: Descriptive study. Assiut Scientific Nursing Journal. Vol. (5) No. (12) December 2017.
- 31. Impact of educational program about care of children with febrile convulsion on nurses' knowledge and performance. Journal of Nursing Education and Practice 2016, Vol. 7, No. 1.
- **32.** Students' Perceptions and Attitude toward Objective Examination and Automated assessment in Faculty of Nursing at Assiut University. IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 5, Issue 5 Ver. VIII (Sep. Oct. 2016), PP 27-33.
- **33.** Seroprevalence, knowledge, attitude and practices among barbers and their customers regarding HCV and HBV in Assiut District, Egypt. (IOSR-JNHS) 4 (Issue 3), pp 19-30., 2015.
- 34. Knowledge, Attitudes and Practices about Parentally Transmitted Hepatitis among Barbers and their Customers in Assiut District. Assiut Scientific Nursing Journal 2 (Issue 4), 1-9., 2014.