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**Qualifications:** B. Sc. N. – High Institute of Nursing- 1990

M. Sc. In Psychiatric and Mental Health Nursing- High Institute of Nursing- 1996

Ph. D In Psychiatric Nursing- Faculty of Nursing- 2003

**Master thesis:**

**Doctor thesis:**

**Gradient title:**

**Specialist Nursing:** at Psychiatric and Mental Health Nursing Department- Higher Institute of Nursing- Assiut University from 11.04.1991.

**Demonstrator:** at Psychiatric and Mental Health Nursing Department- Higher Institute of Nursing- Assiut University from 06.06.1992- 25.10. 1996.

**Assistant Lecturer:** at Psychiatric and Mental Health Nursing Department- Higher Institute of Nursing- Assiut University from 26.10.1996- 02.08. 2003.

**Lecturer:** at Psychiatric and Mental Health Nursing Department- Faculty of Nursing- Assiut University from 03.08. 2003.

**Acting Head** of psychiatric and mental health nursing department- Faculty of Nursing- Assiut University from 01.10.2005 to 0. 09.2011.

**Assistant Professor:** at Psychiatric and Mental Health Nursing Department- Faculty of Nursing- Assiut University from 25.10.2009.

**Associate Professor:** at Faculty of Princess Aesheh Bint Al-Hussein for Nursing- AL –Hussein Bin Talal University – Jordan from 25. 09. 2011.

**Assistant Professor:** at Psychiatric and Mental Health Nursing Department- Faculty of Nursing- Assiut University from 06.11.2012.

**Head of psychiatric and mental health nursing department-** Faculty of Nursing- Assiut University from 20. 11. 2012 up till now.

**Professor:** at Psychiatric and Mental Health Nursing Department- Faculty of Nursing- Assiut University from 20.01.2015.

**Scientific, practical activities and applied:**

**First: Scientific research:**

1. Workplace violence and its impact on nurses' behavior and performance.
2. Clinical characteristics and quality of life of schizophrenic patients.
3. Psychological Distress among Infertile Women.
4. Impact of social skills training program on communication and social skills of homeless children.
5. Psychological Profile of Homeless Children.
6. Coping strategies with auditory hallucinations in schizophrenic patients.
7. Prevalence of fears among primary school children in Assiut City.
8. Impact of an educational program on knowledge and self-concept of institutionalized adolescents with conduct disorder"
9. Impact of a specialized interaction program on behavioral modification of specific phobias among primary school students.
10. Burden and coping strategies in caregivers of schizophrenic patients.
11. Evaluation of psychoeducational program on psychological distress among suicidal patients at El minia poisoning control center.
12. Impact of an educational program on knowledge and self-concept of institutionalized adolescents with conduct disorder.
13. Future anxiety and self-efficacy among Faculty Nursing Students at El-Minia University- Egypt.
14. Stressors and coping strategies among faculty of nursing students at AL – Hussein Bin Talal University- Jordan.
15. Academic stress and anxiety among faculty of nursing students.
16. Burden and coping strategies among caregivers of mood disorder patients.

17. Assessment of psychological distress among suicidal patients at El Minia poisoning control center.
18. Future anxiety and aspiration level among El Minia faculty of nursing students.
19. Nursing students' attitudes toward psychiatric nursing and psychiatric patients: A comparative study.
20. Relationship between hospitalization related stress and social support among psychiatric patients.
21. Assessment of anxiety and depression among drug addicts at the addiction management unit of Assiut University Hospital.
22. Relationship between Quality of Life and Coping Strategies among Addict Patients.

**Second: Obtained courses and training programs:**

- Attend three TOEFL sessions at the American University in Cairo in 1998.1999.
- Attend the "Word" Cycle at Information Network Center - Assiut University in the period from 17/7 to 21/07/2003.
- Pass the capabilities of faculty members and leadership development courses which are as follows:
  - Attend a training program on "the development of the skills of youth care" continued to project development capabilities of faculty members and Alkiedat- Assiut University in the period from 1 to January 2, 2005.
  - Attend a training program on "Development of effective communication skills," continued project development capabilities of faculty members and Alkiedat- Assiut University in the period from 26 to April 28, 2005.
  - Attend a training program on "management of scientific research," continued project development capabilities of faculty members and Alkiedat- Assiut University in the period from 2 to July 4, 2005.
  - Attend a training program for "making decisions and solving problems," continued project development capabilities of faculty members and Alkiedat- Assiut University in the period from 10 to July 13, 2005.
  - Attend a training program on "Recent trends in teaching," continued project development capabilities of faculty members and Alkiedat- Assiut University in the period from 1 to October 4, 2005.

- Attend a training program on "Teaching with Technology" for continued project development capabilities of faculty members and Alkiedat- Assiut University in the period from 18 to 21/12/2005.
- Attend a training program on "the legal aspects of the universities," continued to project the capacity of faculty development and Alkiedat- Assiut University in the period from 25 to December 27, 2005.
- Passing of courses of the training project of faculty members and their assistants and workers to information and communication technology at Assiut University and include the following:
  - Basic concepts of IT
  - Using computer and managing files
  - Word processing
  - Spreadsheets
  - Introduction to PC Maintenance and Protection
  - Presentations
  - Database
  - Information and Communication
  - Web publishing using front page
  - Graphics-Adobe Photoshop
- Attend a training course on ICDL, pass the exams, and obtain a certificate "ICDL" on 8/3/2008.
- Attend a training course on "Objective Structured Clinical Exam" in the period from February 24 to 25, 2009 at the Faculty of Nursing- Assiut University.
- Attend a course on civil defense on 23, 24 March 2010.
- Participation as a member of the Executive Committee in the development and evaluation of students' exams project at the Faculty of Nursing Assiut University 2010- 2011.
- Member of the commissioner by the psychiatric nursing staff to progress for the production of electronic psychiatric nursing course at Assiut University and is still underway produced from 2010 to 2011.
- Pass a training program on "quality standards in the educational process" on 24-26/ 11//2012.

- Completion of the "equation" training program "ICDL" with the training program "E-Learning" in 1/12/2012.
- Pass a training program on "the research team management" of 12. 15/04/2013.
- Pass a training program on "scientific conferences organization" of 27-29 / 4/2013.
- Pass a training program on "financial and legal aspects of the University Business" from 2-3 / 7/2013.
- Pass a training program on "communication skills in different learning styles" of 6-8 / 7/2013.

### **Third: Seminars and scientific conferences: -**

#### **Seminars: -**

- Participation in the coordination and give a lecture at a seminar entitled " Life stress and its impact on the health of the individual and how to deal with it," held by the Environment Committee - Faculty of Nursing - Assiut University on 03/28/2005
- Participation in the coordination and give a lecture at a seminar entitled Alzheimer's disease, "Disease- patient" Faculty of Nursing- Assiut University in on 26/4/2007.
- Participation in the coordination and give a lecture at a seminar entitled "abuse of the elderly", which was held at the Faculty of Nursing- Assiut University on 11/3/2009.
- Participation in the coordination and give a lecture at a seminar on the concept of quality and its importance for the workers at the Faculty of Nursing - Assiut University on 26/6/2008.
- Participation in the preparation and giving lecture on "therapeutic communication" for trainees of Jordanian breast cancer program in conjunction with the College of Princess Aisha for Nursing - Hussein Bin Talal University of Jordan on 30/10/2011.
- Participation in the preparation and give a lecture on "psychological aspects of violence" at a seminar titled University violence to students of the Faculty of Science at the University of Al-Hussein Bin Talal of Jordan on 03/21/2012.
- Giving lecture on "anxiety and stress" for students at Hussein Bin Talal University buildings - Jordan.
- Participation in the preparation and implementation of a seminar on the art of communication, Faculty of Nursing - Assiut University on 11/27/2012.
- Prepare and deliver a seminar entitled "Psychological management of patients with liver diseases" on 15-11-2013.

- Participation in the coordination and give a lecture at a seminar about " the concept of quality and its importance for the workers " at the Faculty of Nursing - Assiut University on 07/12/2013 .

-Preparation and coordination of a seminar entitled "National Academic Reference Standards" Faculty of Nursing - University of Assiut on 15/12/2013.

- prepare and coordinate a seminar entitled: "The use of national academic standards in the description of courses at the Faculty of Nursing - University of Assiut on 12/23/2013.

- Participate in the coordination and give a seminar on academic standards for graduate programs, "doctoral program" on 11.03.2014.

- Coordination and attendance of the first scientific day of Psychiatric Nursing department, Faculty of Nursing - University of Assiut on 4/22/2014.

- Give a lecture titled: "Positive reinforcement" on the first scientific day of Psychiatric Nursing department, Faculty of Nursing - University of Assiut on 4/22/2014.

#### **Scientific conferences: -**

- Attend the **Seventh International Nursing Conference, which was held at the guesthouse - Ain Shams University**, entitled "toward mental health and quality of life" in the period from October 18 to 20, 2003.

- Attend the Eleventh Congress of the Neuro Psychiatric Department of Assiut University in partnership with the Egyptian Society of neurological and psychiatric diseases and surgery of brain and nerves in the day March 31 to April 1, 2003.

- Attendance and **participation in the Eighth International Scientific Conference of the College of Nursing - Alexandria University**, entitled " modern in nursing " in the period from November 27 to 29, 2004 .

- **Presenting two papers in the eighth International Scientific Conference of the College of Nursing - University of Alexandria** in the period from November 27 to 29, 2004 **entitled:**

**"Workplace violence and its impact on nurses' behavior and performance"**

**"Clinical characteristics and quality of life of schizophrenic patients"**

- Attend the Twenty-Third Annual conference of College of Medicine - Assiut University, entitled "vision for the future of national health problems" in the period from March 7 to 10, 2005.

- Participate in the development of mental health nursing course integrating critical thinking skills in the period from February 15, 2005 to February 15, 2006 at the Faculty of nursing- Menoufia University.

- Participation at the conference helpf to develop the curriculum for the year 2005-2006. Faculty of nursing - Menoufia University.

- Audience participation in the First International Scientific Conference of the Association of Colleges of Nursing graduates from 12 to 14 April 2007 at the Faculty of nursing - Alexandria University.

- Attend and participate in the First Scientific Conference of the Faculty of nursing- Assiut University activities in the March 25, 2008.

- Attendance and participation in **the tenth international scientific conference** of the College of Nursing - **Alexandria University** entitled "The nursing care quality " in the period from November 18 to 19, 2008.

**Presenting two research papers in tenth international scientific conference of the College of Nursing - University of Alexandria** in the period from November 18 to 19, 2008 entitled:

"Impact of Social Skills Training Program on Communication and Social Skills of Homeless Children"

"Psychological Profile of Homeless Children"

- **Attend the first Egyptian International Conference of the Egyptian Association of neurological and psychiatric diseases and Neurosurgery** entitled: The epidemiology of neurological and psychiatric diseases and Neurosurgery and held Luxor governorate in the period from February 10 to 13, 2009.

- Attend the first Annual Scientific day about "Updates in pediatric oncology" on 11.28.2012.

- Attend the first Annual Scientific day for pediatric nursing department about "Updates in pediatric oncology" on 28/11/2012.

Attend the Second Annual Scientific Conference of the faculty of Nuring- Minia University in 7-8 / 4/2013 about "Safety Environment & Nursing"

- **Presenting a research paper at the Second International Conference** Faculty of Nursing - **Cairo University**, entitled: "Accreditation and Nursing Education- Challenges and Opportunities" on March 2013.

- Attend the 2nd Annual conference of Integrated Medicine & Sleep Disorders Society- Integrated Medicine: Liver in the core on 13-15-11- 2013.
- Attend the second scientific day of community health department at the Faculty of nursing- Assiut University on "Nanotechnology & Nursing" on 04.01.2014.

- Attendance and participation in the Sixth International Scientific Conference Faculty of Nursing - Helwan University, entitled: "Advance in professional nursing education & practice" In the period from April 6 to 7, 2014.

- Presenting a research paper in the Sixth International Scientific Conference at the Faculty of Nursing - Helwan University in the period from April 6 to 7, 2014 entitled: "Academic stress and anxiety among faculty of nursing students"

**Fourth:** The supervision of a number of master's and doctoral theses in the field of Psychiatric and Mental Health Nursing.

**Fifth:**

- Participated as a member of evaluation committee; of master and doctoral dissertation in the field of psychiatric and mental health nursing.
- Participated as a member of exam committee; of under and post graduate exams in the field of psychiatric and mental health nursing.
- Member in Faculty of nursing council- Assiut University.
- The head of psychiatric and mental health nursing department council- Assiut University.
- Peer reviewer in the Assiut Scientific Journal of Nursing- Faculty of Nursing- Assiut University.
- Peer reviewer in the Assiut Scientific Journal of Nursing- Faculty of Nursing- Minia University.
- Participate in research arbitration for the promotion of assistant professors in the field of psychiatric nursing and mental health, the Supreme Council of Egyptian Universities.
- Participate in research arbitration for the promotion of associate professors in the field of psychiatric nursing and mental health, at Mutaa University- Jordan.
- Chairperson in the 1st International conference: Nursing Practices & Era Challenges (11-2017).

**Sixth: Mandates outside the college: -**

- Mandate to college of Nursing - Minia University for the academic year 2006/2007.
- Mandate to the College of Nursing - Sohag University for the academic year 2008/2009.
- Mandate to the College of Nursing - Sohag University for the academic year 2010/2011.



- Mandate to Technical Institute for Health Assiut for the academic year 2012/2013.
- Mandate to art secondary school for Nursing- Assiut University for the academic year 2013/2014.
- Mandate to the College of Nursing - Sohag University for the academic year 2014/2015.
- Mandate to the College of Nursing - Minia University for the academic year 2016/2017 and 2017/2018 for postgraduate teaching.
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**Seven: Seminars and workshops: -**

- Attend a seminar entitled "The way of research work" at the Faculty of Nursing - University of Cairo on December 23, 2003.
- Participation at the seminar held by the Environment Committee at the Faculty of Nursing in Assiut on 04/29/2004 entitled "Obesity and its impact on human health and how to prevent".
- Attend a workshop entitled "The rules of the application of national academic reference standards in nursing" which was held on March 10, 2009 at the Faculty of Nursing - University of Assiut.
- Attend a seminar entitled "World AIDS Day" at the University of Al-Hussein Bin Talal of Jordan on 1/12/2011.
- Attend a seminar entitled "University violence" at Faculty of Princess Aisha for Nursing, at the University of Al-Hussein Bin Talal of Jordan on 04/07/2012.
- Attend a seminar entitled How to produce electronic course on Monday, 11/25/2013.
- Attend a seminar entitled "Academic Advising" on Tuesday 12/03/2013.
- Attend a seminar about four-wheel analysis items on Wednesday, 12/04/2013.
- Attend a workshop entitled "New rules of promotion and research critique" Faculty of Nursing - University of Assiut on 12/11/2013.
- Attend a Seminar on Intellectual Property Rights Day 12/18/2013.
- Attend a leadership styles of the masters of the faculty members and their assistants on Monday, 17/02/2014.
- Attend a ethics 03/03/2014.
- Attend a seminar on accountability for faculty members and their assistants on 18/03/2014.

- Attending and active participation in a seminar entitled "How to write vision and mission" in Faculty of Nursing – Assiut university.
- Attending a discussion meeting entitled "strategic plan (SWOT analysis)" in Faculty of Nursing – Assiut university at 4 /12/2013.
- Attending and active participation a seminar entitled "How to manage crisis and burn emergencies" in Faculty of Nursing – Assiut university.

**Other activities: -**

- Audience participation in the celebration of the International Day of Mental Health under the title: Mental health in the workplace on 10/12/2000 in Cairo.
- Participation in the various committees college
- Teaching and supervising the practical exercises
- Participation in committees exams
- Participating in personal interview of students to accept at the Faculty of Nursing.
- Participation in student activities
- Participate in the training session of Student Unions of Colleges of Nursing and Physiotherapy Egyptian Universities held at Sohag University in the period from January 25 to 30, 2008.
- Audience participation in the work on environmental health education in the village of Aelchenablh- Salim coast about personal hygiene , children's accidents, breast and breastfeeding held by the Environment Committee , Faculty of Nursing - Assiut University in Day Care 04/23/2005.
- Participate in three training courses for nursing staff in Sohag mental health program continued in Family Medicine - Ministry of Health in the following periods: 23- 26/10/2003, from 14- 02/17/2004, from 22. 02.25.2004.
- Teaching and the development of the exams for Psychiatric nursing clinical Psychiatric Nursing and nursing the elderly, fundamentals of nursing and clinical of nursing fundamentals, and to participate as a member of the Committee of Post graduate and Scientific Research, and the Committee on the Library, and a member of the Faculty Council at the Faculty of Princess Aisha for nursing at the University of Al-Hussein Bin Talal of Jordan during the academic year 2011/2012 and at the faculty of nursing at Assiut University.

- Obtain a certificate of appreciation from the Union College of Nursing students at Assiut University Avenue to participate in the interaction of student activities for the academic year 2012/2013.
- Obtain a certificate of appreciation from the Federation of students at Assiut University College of Nursing and the Avenue to participate in the interaction of student activities for the academic year 2013/2014.